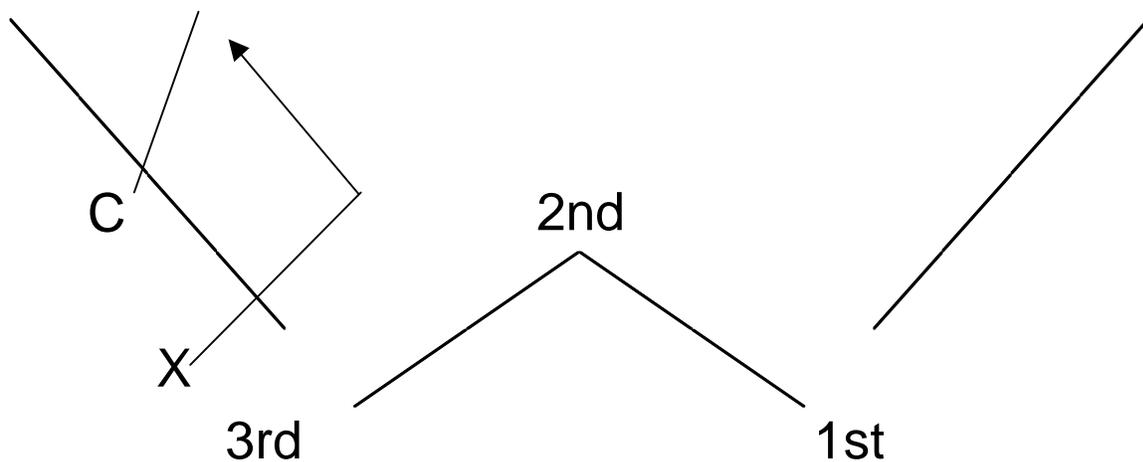


Wide Receiver Drill



Player starts on coaches right about 5 feet away. Player runs 10 yards straight out then cuts across to her left. Coach throws ball making player adjust to angle of the throw. Coach can work on leading players to dive, adjusting to balls in the wind or going back and coming in on balls. Repeat on opposite side